

# High Uinta's Backpacking - July 6-12, 2025

## Clothing

### To Wear:

- ☐ Hiking boots or shoes
- ☐ Long pants or shorts
- ☐ Sun/Hiking shirt or Class B shirt
- ☐ Troop Hoodie or lightweight jacket
- ☐ Hat
- ☐
- ☐

**To Pack:** All gear needs to fit in your backpack.

**Clothes should be packed in a waterproof bag.**

- ☐ 1 or 2 extra shirts (Class B or simliar)
- ☐ 1 or 2 extra sun/long sleeve shirts
- ☐ Base layer top & bottoms (i.e. underarmor)
- ☐ Long pants/shorts (whatever you are not wearing)
- ☐ Socks (at least 3 pair - wool if possible)
- ☐ Underwear (at least 3 pair)
- ☐ Beanie/Stocking cam
- ☐ Rain gear **VERY IMPORTANT**
- ☐ Work gloves (rock scrambling/wood gathering)
- ☐ Puffy jacket/coat

## Personal Items

- ☐ Hand wipes or hand sanitizer
- ☐ Toothbrush/Toothpaste
- ☐ Toilet Paper (in ziploc bag, enough for 7 days)
- ☐ Sunscreen (non-aerosol) **VERY IMPORTANT**
- ☐ Insect replellant (non-aerosol) **VERY IMPORTANT**
- ☐ Lip balm
- ☐ Personal medications (if any)
- ☐
- ☐

## Gear

- ☐ Backpack (with rain cover)
- ☐ Lightweight Day/String pack (for Kings Peak hike)
- ☐ Water bottle or hydration pack (**bring it full**)
- ☐ Sleeping bag (20 degree or warmer)
- ☐ Insulated sleeping mat (backpack style)
- ☐ Tent (if assigned)
- ☐ Ground cloth (if assigned)
- ☐ Garbage bags, large (2)
- ☐ Headlamp/Flashlight (w/ extra batteries)
- ☐ Pocket knife
- ☐ Towel (small backpack style)
- ☐ Cat hole shovel
- ☐ Personal First Aid Kit
- ☐ Paracord (~20' feet)
- ☐ Spoon/Spork (you will be able to eat all meals out of their bags, but you can bring a mess kit if you want)
- ☐ Food (packed on June 30th)
- ☐ **Emergency Kit:** Whistle, mirror, waterproof matches, handwarmers, compass.

## Optional Gear

**If you have room and availabe weight in your pack.**

- ☐ Sunglasses
- ☐ Camera
- ☐ Hiking stick(s)
- ☐ Camp Chair (backpacking style)
- ☐ Pillow (backpacking style)
- ☐ Fishing pole & tackle
- ☐ Extra shoes/boots (camp shoes)
- ☐ Deodorant (non-aerosol)